

Hormel brings meal kit for people with swallowing disorders

19 March 2019 | News | By Manbeena Chawla

The THICK & EASY™ Pureed Meal Kit is designed to provide more convenience, variety and consistency for dysphagia sufferers



Hormel Health Labs, part of the Hormel Foods Corporation family of companies, has introduced THICK & EASY™ pureed meal kits to provide nutrition solutions for those suffering from dysphagia.

The new pureed meal kits help individuals and caregivers provide a home-cooked meal with the proper consistency, and without all the hassle. The THICK & EASY™ meals were designed by chefs who understand the importance of ease of preparation, but also the need for great flavor and variety.

Dysphagia, the medical term used to describe swallowing disorders, can cause an inability to swallow normal foods and beverages, and can make eating a difficult chore, or even hazardous. Without the ability to easily consume whole foods, those suffering from dysphagia can be afflicted by malnutrition, involuntary weight loss, aspirational pneumonia or dehydration, not to mention losing their love of eating from flavorless pureed foods.