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Research reveals multi-sector coordination is enabling solutions for nutrition issues

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A research conducted by the Navrongo Health Research Center at Lambussie on a pilot nutrition project, has revealed that multi-sector coordination for nutrition bring some impact on behaviour change. The research has further revealed that multi-sector coordination increases knowledge and capacity of the various sectors involved which enable them to solve nutrition issues.

Koichiro Watanabe, an International Health Specialists and a Nutrition Consultant for the Japan International Corporation Agency (JICA) made this known while disseminating the research results at a meeting with the Upper West Regional Nutrition Committee in Wa.

The pilot nutrition project in Lambussie was an agreement between JICA and the Upper West Regional Coordinating Council (RCC) with Ghana Health Service (GHS) being the implementing partner. Watanabe said the research was necessitated by the fact that there was no actual project in the community to demonstrate the effect of multi-sector coordination for nutrition.

He said the baseline and end-line survey by the Navrongo Health Research Center therefore sought to compare results of the two to find out whether the intervention had an effect on the indicators of interest. Watanabe noted however that some area of behaviour change needed time and resources to be able to bring about the needed change.

Anthony Kullah, Upper West Regional Nutrition Officer acknowledged the importance of such research work on interventions, saying they actually help them to be able to know whether the interventions actually have a positive effect on the population.

He cited the example that through the research they were able to know that exclusive breast feeding, Community Health Officer’s (CHOs) counselling on complementary feeding and community members’ knowledge of care giving on when to start complementary feeding have all improved.

The Osso Good Co. adds Food Industry Veteran Jill Costelow to its Board of Directors

The Osso Good Co., are excited to announce the expansion of its board of directors with the addition of food industry veteran, Jill Costelow. Jill was most recently the VP of Operations at Pressed Juicery, and prior to that she served as the Director of Beverage Operations at POM Wonderful.

Osso Good's CEO and Board Chair Meredith Cochran commented, "We are now in a major period of revenue growth, with May coming in at yet another record. Osso Good will greatly benefit from this addition to its board of directors. Jill's extensive knowledge in production and food safety will be paramount in taking Osso Good to the next level. I'm personally thrilled."

Jill has over 25 years of experience managing large-scale technical and manufacturing processes and leading product innovation. Jill has extensive experience working for large companies such as Nestle, Coca Cola, and Frito Lay as well as earlier-stage companies such as Pressed Juicery, POM Wonderful, California Natural Products and Odwalla.

Jill has experience in building plants from the ground up, shepherding the project from idea to implementation. Her experience ranges from CPG to brick and mortar retail stores. Jill is well-versed in the fresh and pasteurized juice industry and was part of the original team that wrote the FDA's Juice HACCP plan.

In addition to being recognized as an authority on thermal process, Jill is also a certified BRC auditor and has an extensive background in food microbiology. She received a B.A. in Food Science from University of California, Davis.

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