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Ayushakti reveals benefits of Swasawin Asthaloc tabs for bronchial asthma

Mumbai-based Ayushakti, one of the leading and most trusted ayurvedic health centres around the world, co-founded by Ayurvedic expert and visionary Dr Smita Pankaj Naram, has recently released their latest research report on the benefits of Swasawin Astha

By **Pooja Yadav** | October 26, 2021



ayushakti-reveals-benefits-of-swasawin-asthaloc-tabs-for-bronchial-asthma

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Mumbai-based Ayushakti, one of the leading and most trusted ayurvedic health centres around the world, co-founded by Ayurvedic expert and visionary Dr Smita Pankaj Naram, has recently released their latest research report on the benefits of Swasawin Asthaloc tablets.

The study was initiated following Institutional Ethics Committee approval and was conducted within two study group of patients suffering from mild-to-moderate persistent bronchial asthma. Conducted over a period of six months with written and informed consent, the objective of this study was to evaluate the safety and efficacy of Swasawin Asthaloc tablets when given as add-on therapy to patients suffering from mild to moderate persistent bronchial asthma.

The research highlights the benefits of Swasawin Asthaloc tablets that resulted in significant improvement in the Breath Holding Time (BHT), Ayurvedic Asthma symptom score and Asthma symptom score was observed in the active group as compared to the baseline ($p<0.001$).

Swasawin Asthaloc tablet contains ancient proven ayurvedic herbs like Trikatu, Zingiber officinale, Piper nigrum, Piper longum, Yavani powder, Hingu,Kantakari, Vasa, Yashtimadhu, Barley (Hordeum vulgare), Kakadasingi, Kapurkacheri, Bharangi and Dalchini powder processed in Tulsiswaras which are all anti-inflammatory in nature leading to a quicker recovery and improvement for patients.

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