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MoD & FSSAI sign MoU to promote use of millets among Armed Forces

MoU aims to create awareness about the nutritional benefits of diet diversity and millet-based food products among the personnel

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In a significant step towards promoting the use of millet and healthy eating practices among the armed forces and ensuring the availability of safe and nutritious food, a Memorandum of Understanding (MoU) was signed between the Ministry of Defence (MoD) and the Food Safety and Standards Authority of India (FSSAI) in the presence of Raksha Mantri Rajnath Singh and Union Health Minister, Dr Mansukh Mandaviya on 13th JUL. Both Ministers also unveiled a book titled ‘Healthy Recipes for Defence’ to promote the consumption of Shree Anna (millets) and its health benefits.

The MoU aims to create awareness about the nutritional benefits of diet diversity and millet-based food products among the personnel. The MoU will also pave the way for the introduction of millet-based menus in messes, canteens, and other food outlets under the MoD.

This collaboration will also ensure the training of food handlers & chefs of mess, canteens of the Armed Forces, and other food outlets on food safety and hygiene as per the Food Safety and Standards Act 2006. It signifies a shared commitment to the health and well-being of the Armed Forces to enable them to remain strong & resilient in their service to the nation. The MoU will also encourage the families of the Armed Forces and the community at large to adopt nutritious diets, make healthy food choices, and maintain food safety.

The book ‘Healthy Recipes for Defence’, developed by FSSAI, includes a range of millet-based dishes. It will serve as a valuable resource for different canteens and food outlets under the MoD. Given the challenging terrains and varied climatic conditions faced by the defense personnel, the significance of variety in diet assumes great importance. Millets are known for their nutritional value and can contribute to a well-balanced and diverse diet.

Read online: https://nuffoodsspectrum.in/news/4/20157/mod-fssai-sign-mou-to-promote-use-of-millets-among-armed-forces.html

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