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Glenmark Foundation, Idobro Impact Solutions organise contest on nutrition awareness

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By **Sanjiv Das** | May 7, 2025



Glenmark Foundation nutrition

> WordPress post #35732

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Glenmark Foundation in partnership with Idobro Impact Solutions recently organised the seventh season of the flagship recipe contest – Meri Poushtik Rasoi 2025. With the theme 'Bacche na rahe kuposhit, jab khana bane poushtik' (No child remains malnourished when food becomes nutritious), this initiative continues to lead the fight against malnutrition by spreading awareness about traditional, nutritious, and locally sourced recipes.

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Following a meticulous evaluation process by a seven-member selection committee of chefs and nutritionists, 25 finalists were chosen to compete at the grand cook-off event, organised at Ramanath Payyade College of Hospitality Management Studies, Mumbai. An esteemed panel comprising Celebrity Chef Altamsh Patel, Chef Ishijyot Surri, and Dr Rupali Sengupta judged the recipes, based on nutrition, creativity, and passion for cooking.

Cheryl Pinto, Executive Director - Corporate Services, Glenmark Pharmaceuticals said, “At Glenmark Foundation, we recognise that combating malnutrition is a collective effort. Through Meri Poushtik Rasoi, we have uncovered simple local and innovative recipes both nourishing and rooted in tradition. We are proud that Glenamark’s Meri Poushtik Rasoi has evolved into a nationwide initiative, bringing communities together to build a healthier tomorrow. Season seven is a testament to the power of collective action, and we are truly inspired by the creativity of our participants. Together, we are helping redefine the future of nutrition and health.”

Read online: https://nuffoodsspectrum.in/news/18/22321/glenmark-foundation-idobro-impact-solutions-organise-contest-on-nutrition-awareness.html
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