NEWS | FOOD

Ishaara unveils The Gourmet Begum

The Gourmet Begum menu will bring in forgotten ingredients and techniques of Awadhi cuisine in Mumbai

By **Sanjiv Das** | August 6, 2025



Gourmet begum

> WordPress post #36966

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Ishaara, a modern Indian restaurant, is bringing the taste of ‘Lost dastarkhaan of Awadh’ back into life under its ‘swaad’ initiative. The Gourmet Begum menu will bring in forgotten ingredients and techniques of Awadhi cuisine in Mumbai.

This curated experience has been put together by Sunnaeya Kapur.

The menu of The Gourmet Begum is crafted with overlooked culinary recipes, which are reinterpreted to reflect the creativity and luxury of modern gastronomy without losing the flavours of royal heritage. Every dish in the menu, like Arbi ke Shaami, Galawat kebab, kofta-e-Gulnar, and the daring Lassun ki Kheer, is a story of unknown corridors of Indian cuisine.

“The Gourmet Begum deeply aligns with the core philosophy of Ishaara of reviving the long-lost cuisine of India,” says Prashant Issar, Managing Director, Bellona Hospitality. “Through this special experience, we are presenting a royal cuisine that once graced the royal kitchens of Awadh directly to our customers."

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