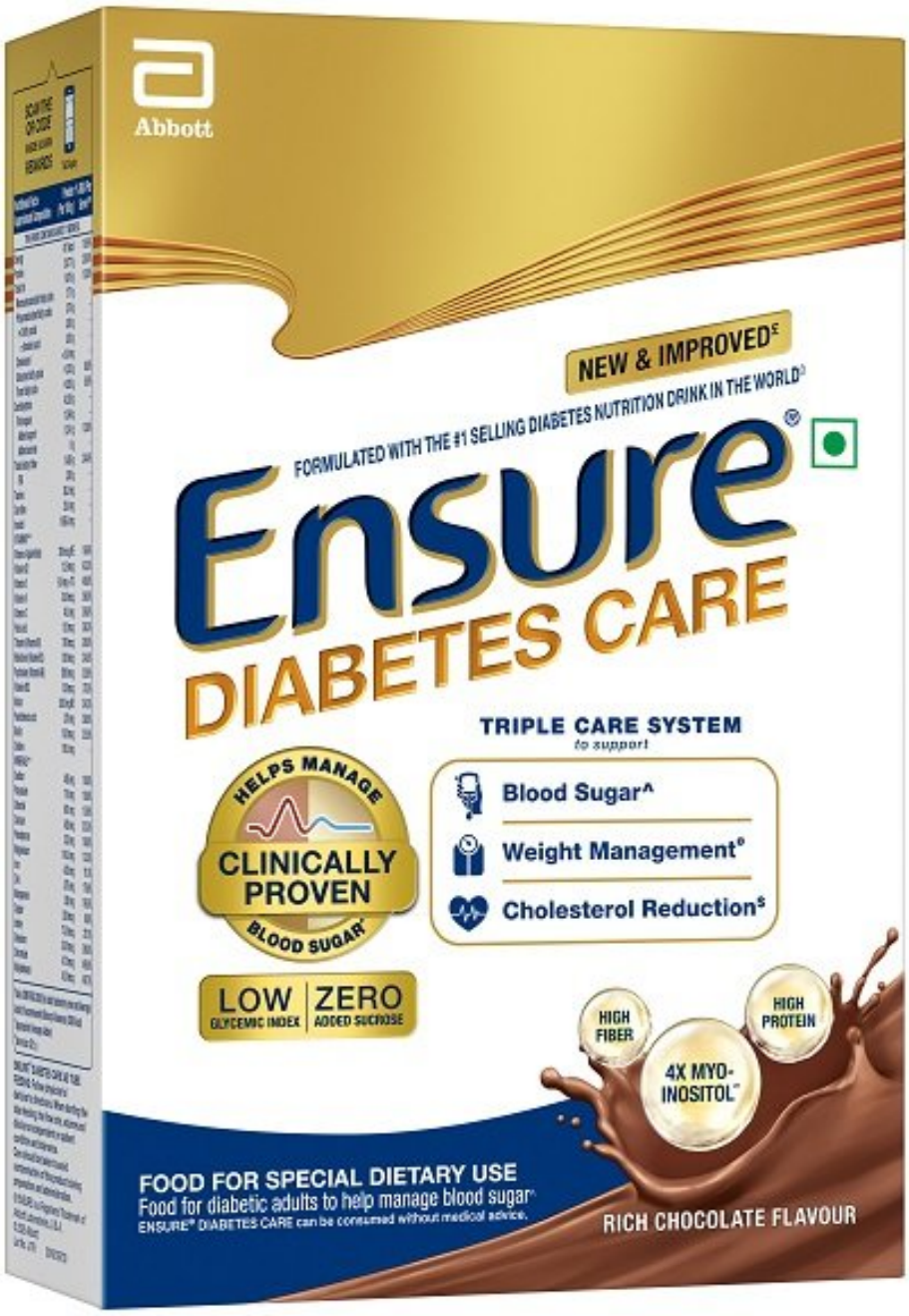
NEWS | BEVERAGES

Abbott launches advanced Ensure Diabetes Care

The beverage features a triple care system with vital nutrients, including 4X higher myo-inositol, a low glycemic index carbohydrate blend, which is designed to help minimise blood sugar spikes

By **Sanjiv Das** | November 14, 2025



New Ensure Diabetes Care

> WordPress post #37984

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Abbott announced the launch of a new and advanced formulation of Ensure Diabetes Care. It features a triple care system with vital nutrients, including 4X higher myo-inositol, a low glycemic index carbohydrate blend, which is designed to help minimise blood sugar spikes. Combined with high protein and high fibre, these nutrients work together to support blood sugar control, help reduce cholesterol, and aid in weight management. This also helps preserve lean muscle during weight loss, while significantly reducing overall body fat, including visceral fat — stored deep in the belly around organs like the liver and pancreas — which is linked to conditions such as heart disease, type 2 diabetes, and high blood pressure.

Agnes Siew Ling Tey, Senior Lead, Clinical Science and Nutrition, Abbott’s Asia-Pacific nutrition R&D centre says, “Diabetes-specific nutritional formula is a cornerstone of diabetes management. Clinical evidence shows that it can significantly improve glycemic control, reduce cardiometabolic risk, and support weight management. When integrated into lifestyle interventions, it offers a powerful tool to enhance long-term health outcomes for people living with diabetes."

She further added, “Finding the right nutritional plan for diabetes management is a critical part of optimising quality of life, but it’s not easy. Ensure Diabetes Care’s new and advanced formulation is a science-backed and convenient solution to help those living with diabetes adjust their lifestyles and take control of their health.”

Anirban Basu, General Manager, Abbott’s nutrition business in India says, "As diabetes continues to impact millions of lives across India and the world, solutions that empower individuals to take charge of their health are more critical than ever. Abbott’s new and advanced Ensure Diabetes Care formula reflects the company’s commitment to advancing science-based nutrition that supports better glycemic control and overall well-being. By integrating targeted nutrients and clinically proven ingredients, this innovation offers a meaningful step forward in helping people with diabetes live healthier, more active lives.”

Read online: https://nuffoodsspectrum.in/news/15/22885/abbott-launches-advanced-ensure-diabetes-care.html
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