

Akshaya Patra Foundation partners with Yo2Yoga

19 June 2019 | News | By Manbeena Chawla

Akshaya Patra Students from 21 Government schools to practice yoga, this International Yoga Day



On the occasion of **International Yoga Day** on **21st June 2019**, **The Akshaya Patra Foundation**, which runs the world's largest food program and strives to address classroom hunger, has partnered with health and fitness start-up **Yo2Yoga** to conduct yoga sessions for over 4500 students across Bangalore in 21 Government schools.

The initiative is aimed at joining hands with Government of India's flagship program 'International Day of Yoga 2019' on June 21st, 2019. The flag-off event shall be held at GHPS, Maralakunte for about 400 children with noted dancer-turned-actress Ms. Nithyashri gracing the occasion as Chief Guest.

The premise of this campaign is to inculcate the benefits of yoga at a young age since, Yoga improves one's posture, concentration and overall health. Yoga will be a daily practice in school during the school assembly.

Under this tie-up with Yo2Yoga, 1-2 teachers from each model school shall get trained and certified as yoga instructors to enhance practice and sustainable. Regular sessions over a period of time will help students gain expertise in yoga and also represent their schools in competitive yoga forums.